

Hike Challenge 2022 Hike List

Please use the maps and common sense. The directions are not intended to be all you need to do the hike. The maps will allow you to take a longer or shorter hike, or return by another route.

No.	Hike Name	Interesting Site	Map Link	Directions to Interesting Site	Parking Address	Additional Information
1	Town Forest	Perched Boulder	https://westbrookct.us/434/Trail-Maps---Take-A-Hike	Blue, right on Red, cross wetlands, perched boulder on top of hill to west. More great rocks on Blue and Green.	Between 205 and 311 Fairview Rd.	This hike can be wet.
2	Tom O'Dell Mem. Open Space	Salt Marsh		From the Overlook or the south end of the trails look for birds in the salt marsh.	Post Office, 1411 Boston Post Rd (US 1)	This is a short Hike.
3	Horse Hill Woods South	Dam and raceway		Light Blue North to first right on Light Blue. Dam and raceway are on the left of the trail soon after the crossing of Plane Brook. Continue North to Left on Red and Left on Light Blue to return.	West of 30 Breakneck Hill Rd	This hike can be wet.
4	Horse Hill Woods North	Overlook		White to Red. Continue down hill to overlook. Return on Orange or other choices.	North of 1135 Horse Hill Rd (CT 145)	
5	Weber Woods	Foundation, Beaver lodge		Start on main Blue and Green trail, stay right on Green. Go about 3/10 mile to a stone wall coral on the left and a foundation on the right. 100 yards further on, go left on Yellow, left on White, see the beaver lodge to the right when on the bridge. Continue on White until left on Blue for the shortest hike.	North of 489 Stevenstown Rd (CT 145)	This hike can be wet.
6	Chapman Mill Pond	Overlook		The overlook is on top of the ridge on the Yellow ridge trail.	233 Horse Hill Rd of end or Chapman Mill Pond Rd	
7	Trout Brook	Trout Brook Bridge	use gps map, there is no trail map	Trail is well marked with White blazes. Bridge is about 100 yards from the Lake Louise entrance	Between 4 and 6 Lake Louise Dr, or between 7 and 11 Autumn Ridge Rd	It is up hill from Lake Loise to Autmn Ridge. An alternative is to leave a car at the bottom and hike one way down hill. The hike is about 1 mile
8	Stewart McKinney	Viewing platform	https://www.alltrails.com/trail/us/connecticut/mckinney-national-wildlife-refuge-saltmeadow-unit-trail	Follow the trail West from the main building.	733 Old Clinton Rd	No dogs.
9	The Preserve	Foundation and well	https://portal.ct.gov/DEEP/State-Parks/Forests/The-Preserve/Maps	Yellow trail, right at fork of two Yellows. Right on Blue. Foundation is on left on a little rise before a bridge. Come back the same way or go all the way around.	1278 Essex Rd (CT 153)	This hike can be wet.
10	Salt Island	Tidal Pools	use gps map	There are multiple tidal pools at the center of the island	End of Salt Island Rd	No dogs. Swimmers only. Children should wear a personal flotation device. Wear water shoes. Go between 1 hour before, and 1 hour after low tide.
						https://www.us harbors.com/harbor/Connecticut/Westbrook-ct/tides